

FULL INSOLES

PURE GEL SQUARE - WITH ADHESIVE BACK

Manufactured with two different levels of silicones; soft and firm. The blue coloured area is extra soft giving greater cushioning. This product is indicated for the reduction of pain in metatarsals, heels, hips and knees. It will also assist in the prevention of callusing. Produced in an anatomical shape without metatarsal elevation.

Diabetics friendly.

Ref.: GS-0004014B	Size XXS	Length: 23.5 cm
Ref.: GS-0004015B	Size XS	Length: 23.5 cm
Ref.: GS-0004016B	Size S	Length: 25 cm
Ref.: GS-0004017B	Size M	Length: 26.3 cm
Ref.: GS-0004018B	Size L	Length: 27.7 cm
Ref.: GS-0004019B	Size XL	Length: 29 cm



FRESIL COMFORT SILICONE INSOLE

An extra slim insole, incorporating two densities of silicone. Providing shock absorption, assisting in relieving knee, leg and hip pain. A comfort device for tired feet that takes up little space in footwear, excellent for ladies shoes.

Produced in 3 sizes.

Diabetics friendly.

Ref.: GS-0003501B	Size S	Length: 23 cm
Ref.: GS-0003502B	Size M	Length: 25 cm
Ref.: GS-0003503B	Size L	Length: 27 cm



FULL INSOLE

REFERENCE	SIZE (WOMEN)	SIZE (MEN)	SHOE SIZE (EU)	SHOE SIZE (US)
GS-0003501B	S		35/36	3.5/4.5
GS-0003502B	M		37/39	5.5/7
GS-0003503B	L		40/42	7.5/8.5
GS-0004014B		XXS	33/34	1/2.5
GS-0004015B		XS	35/36	3.5/4.5
GS-0004016B		S	37/38	5/6.5
GS-0004017B		M	39/40	7/7.5
GS-0004018B		L	41/42	8/8.5
GS-0004019B		XL	43/44	10/11.5

3/4 INSOLES

FRESIL 3/4 SILICONE INSOLE

Manufactured with a small arch elevation. Ideal for tired feet; will help to relieve pain, and assists in the reduction of callus formation. This product will aid in the reactivation of blood flow and assist in providing fast control to oedemas and haematomas.



REF	SIZE	SHOE SIZE (EU)	SHOE SIZE (US)	LENGTH
GS-0003801B	S	35/37	3.5/5.5	16.4 cm
GS-0003802B	M	38/40	6/7.5	17 cm
GS-0003803B	L	41/44	8/10.5	17.7 cm

HEEL & ANKLE PROTECTION

FRESIL HEEL CUP

Manufactured with two different types of silicone; soft and firm. The blue coloured area is extra soft providing an added cushioning zone. The blue dot heel cup has been designed to be used for patient that have calcaneus heel spurs. This product is designed to provide comfort and pain relief.

Available in 3 sizes

REF	SIZE	SHOE SIZE (EU)	SHOE SIZE (US)	DOT
GS-0003701B	S	35/37	3.5/5.5	Central
GS-0003702B	M	38/40	6/7.5	Central
GS-0003703B	L	41/44	8/10.5	Central

REF	SIZE	SHOE SIZE (EU)	SHOE SIZE (US)	DOT
GS-0003704B	S	35/37	3.5/5.5	Lateral
GS-0003705B	M	38/40	6/7.5	Lateral
GS-0003706B	L	41/44	8/10.5	Lateral

REF	SIZE	SHOE SIZE (EU)	SHOE SIZE (US)	DOT
GS-0003707B	S	35/37	3.5/5.5	None
GS-0003708B	M	38/40	6/7.5	None
GS-0003709B	L	41/44	8/10.5	None



GELSTEP® POSTED HEEL PAD - SOFT SPUR SPOT

- Dual durometer for medial-side or spur/fascia relief for users with fl at feet, high arches or knee conditions, and for helping runners maintain balance
- Medium-durometer silicone in main body absorbs impact and recovers quickly
- Softer silicone “blue zone” area increases comfort and pain relief from heel spur conditions
- Posted design minimizes pronation, fl at feet, or genu valgus knee conditions
- Retains shape – will not deform or degrade with use
- Washable and reusable



Ref.: GS-5075-SC	Small	Covered	1 pair per pack
Ref.: GS-5076-SC	Medium	Covered	1 pair per pack
Ref.: GS-5077-SC	Large	Covered	1 pair per pack
Ref.: GS-5075-S	Small	Uncovered	1 pair per pack
Ref.: GS-5076-S	Medium	Uncovered	1 pair per pack
Ref.: GS-5077-S	Large	Uncovered	1 pair per pack

HEEL & ANKLE PROTECTION

SILICONE HEEL SPUR CUSHION WITH LATERAL SOFT SPOT HIGH HEEL

Heel cushion made of silicone with SoftSpot insert. With raised edges. Anatomically designed soft bedding in the heel spur area. Defined and efficient pressure relief by SoftSpot-technology. Effective reduction of shock impact onto ankle, knee and hip joints, as well as onto spine.

Height: 6 mm

Packing unit: 1 pair

Indications

- Heel Spur,
- shock absorption

Sizes: Comes in three sizes: Small, Medium and Large



Reference	Size	Shoe size (US)	Color
GB-930070S	Small	W up to 7½ / M up to 6	Translucent/blue spot
GB-930070M	Medium	W 8 -10 / M 7-8½	Translucent/blue spot
GB-930070L	Large	W 10½-13½ - M 9-12	Translucent/blue spot

SILICONE HEEL CUSHION

Reduces shock load onto ankle, knee and hip joints as well as onto spine. With raised edges.

Indications

Shock-absorption, damping.

Height: 6 mm

Packing unit: 1 pair

Sizes: Comes in three sizes: Small, Medium and Large



Reference	Size	Shoe size (US)	Color
GB-930050S	Small	W up to 7½ / M up to 6	Translucent
GB-930050M	Medium	W 8-10 / M 7-8½	Translucent
GB-930050L	Large	W 10½-13½ - M 9-12	Translucent

HEEL & ANKLE PROTECTION

PEDISOFT® HEEL CUSHION WITH LATERAL SOFT SPOT LOW HEEL

Viscoelastic heel insert for shock absorption and pressure relief as well as heel spur.

Packing unit: 1 pair.

Indications

Correction, pressure protection, prophylaxis in case of diabetic foot.

Special product features

The silicone material offers decisive advantages:

It is soft and smooth just like the skin and comfortable to wear.

Thanks to memory effect it adjusts itself optimally to the contour of each part of the foot without slipping and returns to its original shape immediately again after wearing.

After use it is washable with soap and can be disinfected if required, and therefore is more hygienic than other materials.

It is long-lasting, wear-resistant and designed for multiple use

Available in two sizes



Reference	Size	Shoe size (US)	Color
GB-107070S	Small	Women up 9 Men up to 7½	White/blue spot
GB-107070L	Large	Women Over 9 Men Over 7½	White/blue spot

HEEL & ANKLE PROTECTION

FRESIL HEEL CUP COMFORT

Manufactured with one type of silicone: firm. Thin design to fit all type of shoes. The blue coloured area is extra soft providing an added cushioning zone. The blue dot heel cup has been designed to be used for patient that have calcaneus heel spurs. Ideal also for people whom work stands all day. This product is designed to provide comfort and pain relief.

Available in 3 sizes



REF	SIZE	SHOE SIZE	SHOE SIZE (US)
GS-0003104B	S	35/37	3.5/5.5
GS-0003105B	M	38/40	6/7.5
GS-0003106B	L	41/44	8/10.5

FRESIL HEEL CUP COMFORT WITH BLUE DOT

Manufactured with two different types of silicone: soft and firm. Thin design to fit all type of shoes. The heel cup comfort is specially recommended for people whom need extra comfort on heel area. Ideal also for people whom work stands all day. This product is designed to provide comfort and pain relief.

Available in 3 sizes



REF	SIZE	SHOE SIZE (EU)	SHOE SIZE (US)
GS-0003101B	S	35/37	3.5/5.5
GS-0003102B	M	38/40	6/7.5
GS-0003103B	L	41/44	8/10.5

MET PROTECTORS

SILICONE MET PROTECTOR

An ultra low profile metatarsal protector made from silicone, specially designed for women. Ideal for relieving the burning sensation under the metatarsals caused by standing, walking for long periods and wearing high heeled shoes. Also ideal for people who want extra comfort. The product's low profile makes it excellent for open toe sandals and court shoes. Non-slip.

Ref.: GS-0007100B One size 1 pair per pack



HALF INSOLE MET PROTECTOR

An ultra low profile metatarsal protector made from silicone, specially designed for women. Ideal for relieving the burning sensation under the metatarsals caused by standing, walking for long periods and wearing high heeled shoes. Also ideal for people who want extra comfort. The product's low profile makes it excellent for open toe sandals and court shoes. Non-slip.

Ref.: GS-0007200B One size 1 pair per pack

